

# Healthy Workplaces: Substance Use Health Check-Up

Have you thought of the state of your employees' Substance Use Health? Workplaces traditionally look at workplace health from an occupational health and safety perspective, with more recent considerations around mental health. Substance Use Health continues to be left out of the conversation.

What is often overlooked is that 78% of people living in Canada use substances and substance use resulted in \$22.4 billion in lost productivity in 2020. Most of those costs related to people who simply use substances, not those at the far-end of the spectrum living with substance use disorders. Adopting a Substance Use Health framework into your organization's policies and practices is vital to a healthy, productive workplace.

CAPSA actively collaborates with organizations, communities, and systems, resulting in substantial improvements in people's health concerning substance use. CAPSA's team of educators, researchers, and policy experts, informed by their professional expertise and lived experience, are dedicated to eliminating systemic stigma. By delivering evidence-based solutions, CAPSA works to ensure equitable access to knowledge and services for all individuals. This unique approach removes systemic barriers for people and brings positive change to organizations and systems to become inclusive, effective, and compassionate while improving Substance Use Health.

CAPSA's assessment on Healthy Workplaces: Substance Use Health Check-Up is a review through which subject matter experts have designed tools and processes to assess areas for opportunities to improve policies, practices and procedures that relate to employee health and healthier workplaces.

Why engage with CAPSA in an assessment on Healthy Workplaces - Substance Use Health check-up?

✓ Policies and programs that promote health have a positive impact on employees and the organization

✓ Fosters a healthy workplace culture

✓ Organizations that prioritize employee health reduce turnover rates

✓ Healthier employees take fewer sick days

✓ Healthier workplaces make a difference in our communities

✓ Healthier workplaces increase productivity and job performance in the organization

Contact us at [info@capsa.ca](mailto:info@capsa.ca) or visit [www.capsa.ca](http://www.capsa.ca) to learn more about CAPSA's full suite of offerings.