

Wellness Together Canada APAP™ Meeting Information

| DAY | TIME | LANGUAGE | WELLNESSTOGETHER CANADA.CA |
|-----------|--|---------------------------------------|---|
| MONDAY | 1:00 PM - 2:00 PM | English | All People, All Pathways™ |
| TUESDAY | 1:00 PM - 2:00 PM 7:30 PM - 8:30 PM 7:30 PM - 8:30 PM | English English French | All People, All Pathways™ |
| WEDNESDAY | 1:00 PM - 2:00 PM 7:30 PM - 8:30 PM 7:30 PM - 8:30 PM | English English English | All People, All Pathways™ APAP™ – Breaking Free Wellness |
| THURSDAY | 10:00 AM - 11:00 AM 11:30 AM - 12:30 PM 1:30 PM - 2:30 PM 7:30 PM - 8:30 PM | French French English French | All People, All Pathways™ APAP™ - Breaking Free Wellness |
| SUNDAY | 7:30 PM - 8:30 PM | English | All People, All Pathways™ |

Community APAP Meeting Information

MONDAYS 7:30 PM - 8:30 PM (ET) Meeting ID: 829 4403 6720 Password: 342386

WEDNESDAYS 7:30 PM - 8:30 PM (ET) Meeting ID: 917 6454 5174 Password: 860059









