

MONTFORT RENAISSANCE

Montfort Renaissance, a Francophone organization, offers a continuum of community services in both official languages to improve the health and well-being of its clientele.



The services offered at Montfort Renaissance are:

Addiction Services (bilingual services) :

Service Access to Recovery (SAR): The SAR is a starting point for people 16 years and older who are concerned about their substance use and want to understand and discuss treatment options. People under 16 years will have access to SAR if they consume opioids. Our **main goal** is to help people navigate the addictions treatment system so they can find the solutions they need and the treatment option that is right for them or their loved ones. We conduct screening and assessments, offer referrals and provide information, support and guidance.

Residential Withdrawal Management: Short-term residential services for people who need 24-hour monitoring of their withdrawal symptoms and/or a structured, safe environment in order to stop using. The length of stay is based on individual needs, but the average length of stay is five days.

Community Withdrawal Management: Counsellors provide support for those who prefer to withdraw from substances at home or in another safe, supportive environment.

Residential Stabilization Programs (for women and men): these programs are focused on bridging the gap between withdrawal management and residential addiction treatment services.

Mental Health Services (services en français) :

Intensive community support: This service aims at providing francophone individuals who are dealing with a severe and persisting mental health issue with the help and support they require in the course of their recovery journey. We encourage the person's own ability to find solutions and we support her/him during the implementation of these solutions and contribute to establish a social and community network focused on maintaining the person's well-being.

Court assistance and diversion program: This program aims to support the courts in their efforts to redirect francophone individuals dealing with the courts and living with a mental health problem towards appropriate services instead of detention centers.

Les Ateliers de l'Élan: This program aims to support Francophones struggling with a mental health disorder in their recovery process and to encourage them to participate in community activities, in a peer support context, where participants take an active role in planning and carrying out the contents. The Ateliers de l'Élan's program offers various activities to promote the recovery of each participant, including educational, physical, artistic and recreational activities.

All of these programs are still active despite the pandemic, although wait times might be longer for residential services (number of beds reduced for social distancing), and group activities (Ateliers de l'Élan) are in a hybrid format where some are in-person (limited number of places for social distancing directives) and virtual.

We also have other services: Housing Services (bilingual services) and **Services for Seniors** (services en français)

Our Housing services include various programs that focus on providing people at risk of homelessness both housing and the support services they require in order to keep their housing and increase their autonomy. These services are primarily intended for people living or having lived in a state of chronic homelessness as well as for people with a severe and persistent mental illness or concurrent disorders.

